



THE OPENING BELL BREAKOUTS TRADE GUIDE

How to Spot One High-Powered Breakout
Options Setup Before the Market Opens...
And Be Done Trading by 10 AM.



GET INSTANT ACCESS BEFORE TOMORROW'S BELL...

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Introduction

The 30-Minute Trading Day.



Opening Bell Breakout (OBB)

What if you could capture the most explosive part of the trading day, place one simple trade, and be done by 10 am? No more staring at screens all day. No more analysis paralysis. No more getting chopped up in the midday doldrums. For years, I've been perfecting a strategy that does exactly that. It's called the **Opening Bell Breakout (OBB)**, and it's designed to identify and capture the powerful, predictable moves that happen in the first 30 minutes of the trading day.

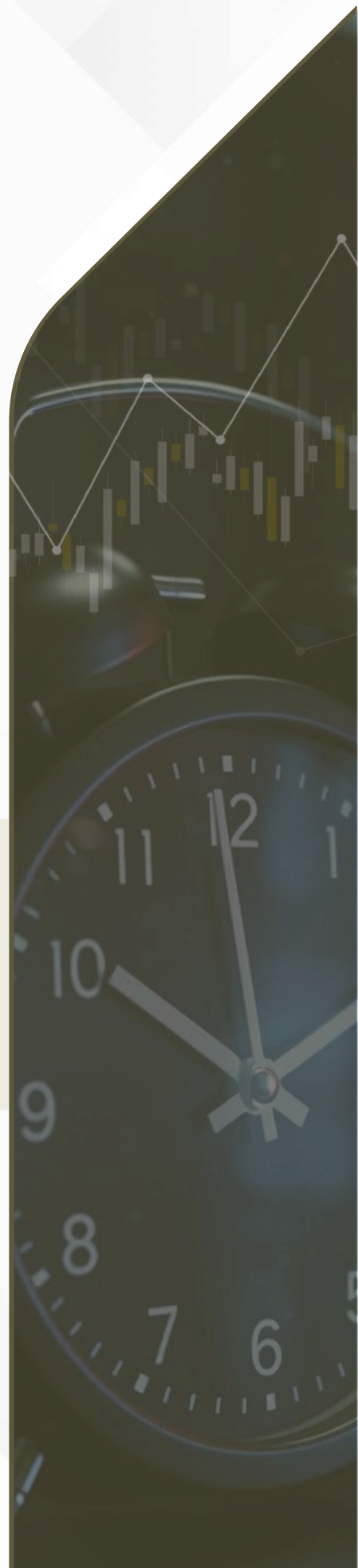


This guide will walk you through the exact, step-by-step process of finding, entering, and managing these trades. You'll learn the core principles behind the strategy, the specific criteria we look for, and how to manage your risk for consistent results.



Let's get started.

This isn't about hitting home runs every day. It's about a simple, repeatable process that puts you in a position to profit from the market's most reliable volatility, then lets you get on with your day. Let's get started.



CHAPTER 1



Why the Opening Bell is a Goldmine for Traders

The first 30-60 minutes of the trading day (9:30 AM - 10:30 AM EST) is unlike any other time. It's when the market digests all the overnight news, order imbalances, and institutional positioning, leading to a predictable release of pent-up energy.

This is the moment of **maximum expansion**.

Compression vs. Expansion: The Coiled Spring

Think of the market like a coiled spring. During the overnight session (4:00 PM - 9:30 AM EST), the market consolidates. It trades in a tight range, building up energy as buyers and sellers accumulate positions.

This is the **compression phase**.



Compression is when traders are accumulating (building) a position. It's a dangerous area to trade, where most traders get chopped up.

When the opening bell rings at 9:30 AM, that spring is released. The market explodes out of its compression zone in a powerful, directional move.

This is the **expansion phase**.



Expansion is where the money is made. It occurs when the market starts to have a run following the compression phase.



CHAPTER 1



Our job as OBB traders is to identify the coiled spring before it's released and position ourselves to ride the wave of expansion.

PHASE	MARKET BEHAVIOR	TRADER ACTION
Compression	Low volatility, tight range, balanced supply/demand	Identify key levels, prepare for breakout
Expansion	High volatility, strong directional move, imbalanced supply/demand	Execute trade, manage profits



CHAPTER 2



The Anatomy of an Opening Bell Breakout

An OBB trade is a breakout trade with specific, non-negotiable criteria. We are looking for well-defined horizontal support and resistance levels that have formed during the overnight session.

The OBB Trade Checklist:



1. Highly Liquid Stock:

Focus on the Magnificent 7 (AAPL, AMZN, MSFT, META, GOOGL, TSLA, NVDA)



2. The 5-Minute Chart:

All analysis is done on the 5-minute timeframe.



3. Overnight Consolidation:

Look for a well-defined horizontal support or resistance level formed during the overnight session (4:00 PM - 9:30 AM EST)



4. Breakout Timing:

The breakout must occur within the **first 15-20 minutes** of the trading day (ideally the first 5 minutes)



5. No Chasing:

If you miss the initial breakout, you do not chase it. There will always be another trade.



What is "Well-Defined"?

A level is "well-defined" when it has been tested and rejected at least two times. This shows that large institutional players have "drawn a line in the sand" at that price. When that line breaks, they are forced to cover their positions, adding fuel to the breakout.

We focus on horizontal levels because they represent the clearest areas of supply and demand. We also give extra weight to round numbers (e.g., \$150.00, \$215.00) as they are psychological magnets for price.

CHAPTER 3

Step-by-Step Trade Execution

Here's how to put it all together.

➤ Step 1: Pre-Market Scan (9:00 - 9:30 AM)

Before the market opens, scan your watchlist of highly liquid stocks. Look for clear, horizontal support or resistance levels that have formed overnight. Mark these levels on your chart.

Example: GOOGL Resistance Breakout

In this example, GOOGL consolidated below the **\$176 resistance level** overnight. This is our key level to watch at the open.



GOOGL breaking above \$176 resistance at the opening bell

➤ Step 2: The Entry (9:30 - 9:45 AM)

As the market opens, watch your key level. When the price breaks cleanly and decisively above resistance (for a long trade) or below support (for a short trade), you enter.

Long Entry: Price breaks and holds above resistance.

Short Entry: Price breaks and holds below support

➤ Step 3: Option Selection

We trade **weekly expiration options** to maximize our leverage on these short-term moves.

Strike Price: Select a strike price that is slightly out-of-the-money, near your first profit target, or has the highest liquidity (volume and open interest).

Expiration: Use the closest weekly expiration

➤ Step 4: Trade Management - The 3-Part Exit Strategy

Managing the trade is crucial. We use a simple, three-part system for taking profits and managing risk.

Stop Loss: Your stop loss is simple. For a long trade, it's the low of the previous 5-minute bar. For a short trade, it's the high of the previous 5-minute bar. The maximum risk on any options trade is **50% of the premium paid**. If a \$1.00 option drops to \$0.50, you cut the trade, no questions asked.

Profit Targets: We scale out of the position to lock in gains. A common approach is to sell 1/3 of your position at 20% profit, another 1/3 at 40% profit, and the final 1/3 at 60-80% profit.

The Runner: For the final portion of your trade, you can use a **trailed stop** to catch a much larger move. Trail your stop below the low of each new 5-minute candle. This allows you to stay in a winning trade as long as the momentum continues.

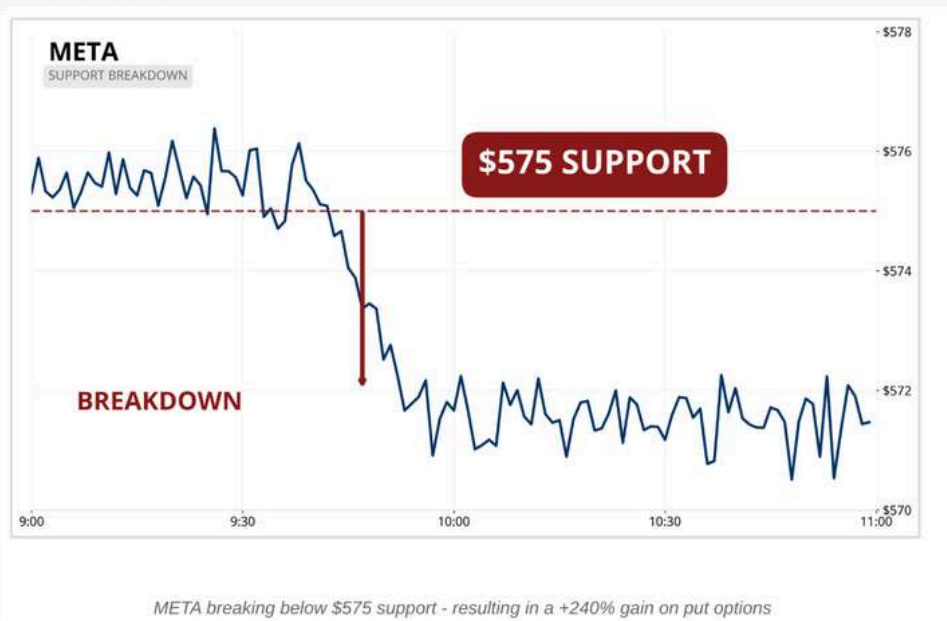
CHAPTER 4

Real-World Trade Examples

Let's look at how this plays out in the real world.

1. META Support Breakdown

- **Setup:** META consolidated above the \$575 support level overnight.
- **Trigger:** At the open, it collapsed below \$575.
- **Trade:** We grabbed the \$730 weekly puts at \$4.70.
- **Result:** Five minutes later, they were worth \$6.70 (a 40% return). By the close, they peaked at \$16.00, a +240% gain. META breaking below \$575 support - resulting in a +240% gain on put options.



CHAPTER 4

Real-World Trade Examples

Let's look at how this plays out in the real world.

2. AAPL Momentum Pop

- **Setup:** AAPL showed a fast momentum pop right out of the gate.
- **Trade:** A 35% return while most traders were still settling in.
- **Result:** A 35% return while most traders were still settling in.



AAPL momentum pop at market open - 35% gain in under 5 minutes

Your Next Step:

Master the Opening Bell in a Live Workshop.

This guide has given you the **complete blueprint** for the Opening Bell Breakout strategy. You have the rules, the criteria, and the trade management system.

But reading is one thing. Seeing it live is another.

To truly master this strategy, you need to see it in action, ask questions, and get real-time feedback from a professional trader. That's why I want to invite you to my Opening Bell Breakouts Workshop.

- Analyze the market live before the bell rings.
- Identify potential OBB setups in real-time.
- Walk through trade execution step-by-step.
- Manage trades together as a group.
- Review the session and answer all of your questions.

This is the fastest way to build confidence and start trading the OBB strategy like a pro.

Normally, access to this workshop is \$197.

But because you've taken the initiative to download and read this guide, I want to make you a special, one-time offer.



**Get Instant Access
for Just \$7**



This is your chance to take the concepts from this guide and turn them into a real, repeatable trading skill. For the price of a cup of coffee, you can learn a strategy that has the potential to transform your trading.

Don't wait. This offer is only available through the link on this page.

I'll see you in the workshop.

- Thomas Wood

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